



Physical Education

An exemplary physical education student:

- demonstrates tactical solutions to problems presented during different types of game play.
- thinks critically and uses a variety of different strategies to find success.
- transfers strategies between similar group games
- provides leadership in class, by helping others achieve success, whether that be practicing a skill or peer involvement.
- is intrinsically motivated to accomplish individual goals when it comes to improving their own fitness.
- relentlessly works on improving, whether that be through skill development, game play or working out.
- shows perseverance when faced with a challenging work out, and always strives for improvement.